

Alpine Therapeutic Massage **Summer Spa Specials**

You can load up on deals for yourself or someone you care about
All deals available as Gift Certificates! 6-30-25 through 8-31-25

- **Ultimate Spa Package:** 90 min. for: \$125. Aromatherapy Treatments: Paraffin Hand Treatment, Scalp & Face Massage, Foot Bath, Massage: 1/2 hour Full Body Massage, Lymphatic Treatment: Exfoliating Dry Body Brushing. —Save \$50
- **Aromatherapy Indian Head Massage** (1/2 hour) for \$45. —Save \$50
- **Reiki Balance/Attunement** 60 min. \$125. —Save \$25

Announcing: Personal Empowerment Guidance/Coaching

- Let me help you overcome your greatest challenges & problems like: Overweight, anxiety, depression, stress, difficult relationships, chronic anger, chronic pain, lack of self esteem, health challenges. Etc.
- I use Hypnotherapy, Emotional Freedom Technique, Thought Field Therapy, Havening, Brain Spotting, Neuro-Linguistic Programming, Guided Meditation, Breathing practices, Energy practices, Sound therapy, Color therapy and More...

Get all the details here: <https://mynameisphoenix.com/>

- **1 Session \$250. —Savings of \$50**
- **4 Sessions 850.00—Savings of \$150**

You may use Health Savings Account (HAS) card to pay....

I help my clients by:

- Saving loads of money by getting to solutions quickly without years of therapy
- Getting them doing what they want to be doing, instead of coping with their problems and missing out..
- Helping them miss less days of work from feeling sick or emotionally overcome
- Showing them how to use these solutions to manage their emotions
- Helping them feel more confidence because they gain self-control
- Helping them solve problems as they come up in their lives by managing their thoughts and emotions

Call Phoenix: 253-838-3336
36511 32nd Ave S. Auburn, WA 98001

(Lic. #MA4392) Registered Hypnotherapist